

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## Supportive Care: A framework for patient centred care

Sanchia Aranda  
Head, Department of Nursing  
The University of Melbourne  
Director of Cancer Nursing Research  
Peter MacCallum Cancer Centre

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## What is supportive care?

An umbrella term for all those services offered to people with cancer and their families to assist them with managing cancer treatment and the cancer experience.

After NICE 2004

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## Further:

- Supportive care is defined as "...the provision of necessary services as defined by those living with or affected by cancer to meet their physical, social, emotional, informational, psychological, spiritual and practical needs during the pre-diagnostic, diagnostic, treatment and follow-up phases of cancer" (Fitch 2000).

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## The traditional patient in front of me approach

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## How might we think about supportive care from a population perspective?

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## A Model of Supportive Care

Adapted from M Fitch 2000

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## What does the Fitch Supportive Care Framework Tell Us About the Needs of People Affected by Cancer?

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

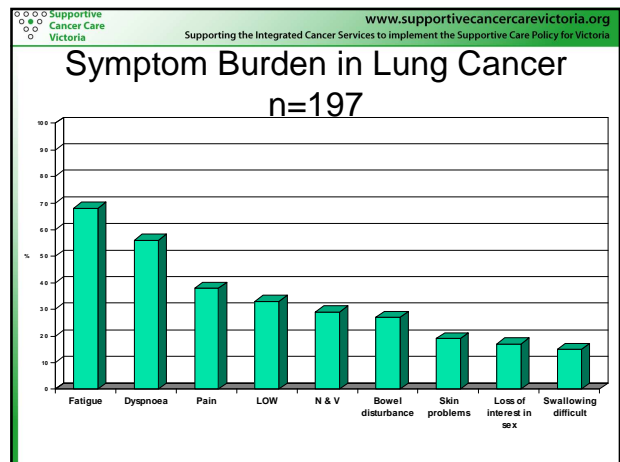
## People affected by cancer

- Not all patients have the same level of need
- People will vary with respect to their:
  - Responses to the demands of having cancer
  - Capacity to articulate their supportive care needs
  - Ability to self manage the demands of having cancer
  - Desire to access services to meet supportive care needs

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## How has this influenced practice and research?

- Recognition a one size fits all approach is inappropriate
- Needs data can help drive service priorities



Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## How has this influenced practice and research?

- Recognition a one size fits all approach is inappropriate
- Needs data can help drive service priorities
- We should be developing services that recognise these differences
- Research programs that test interventions that target different levels of need

Supportive Cancer Care Victoria  
www.supportivecancercarevictoria.org  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

## What does the Fitch Supportive Care Framework Offer for Workforce Development?

Supportive Cancer Care Victoria Supporting

Professional development model for nursing in cancer control

### EDCAN

- Nurses involved in cancer control

**ALL NURSES** Demonstrate ANMC competencies applied to cancer control

**MANY NURSES** Demonstrate the ability to apply ANMC competencies in cancer control at a more advanced level in specific practice contexts

**SOME NURSES** Demonstrate the ability to practise according to the competency standards for specialist cancer nurses

**FEW NURSES** In addition to meeting competency standards for specialist practice, these nurses are credentialled to practise at an advanced level or in extended practice roles

Supportive Cancer Care Victoria [www.supportivecancercarevictoria.org](http://www.supportivecancercarevictoria.org)  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

### A possible model

ALL HPs	Can screen patients and make referrals
Many HPs	Can provide cancer information and basic support interventions
Some	Can provide specialist services in a defined range of areas
Few	Provide highly specialist services for complex needs on referral

Supportive Cancer Care Victoria [www.supportivecancercarevictoria.org](http://www.supportivecancercarevictoria.org)  
Supporting the Integrated Cancer Services to implement the Supportive Care Policy for Victoria

### Critical Points

- We face a growing illness burden in cancer and other chronic illnesses
- We face workforce shortages now and worsening in the future
- We need frameworks that are population based and help us to make resourcing decisions and intervention approaches